







IFIELD SCHOOL INREACH OPPORTUNITIES FOR PROFESSIONALS IN MAINSTREAM SCHOOLS AND SETTINGS

Ifield School is a Foundation co-educational school for pupils aged 4 to 19 years of age with Profound, Severe and Complex learning needs, including Communication and Interaction difficulties.

The majority of pupils have learning difficulties associated with Autism, Speech, Language and Communication and, in addition, some pupils have complex medical conditions.

Staff at Ifield School are highly experienced practitioners in the field of Special Educational Needs and Disabilities (SEND) and some members of staff have achieved Master's Degrees in specialisms including, ASD and SLD. All staff understand that the successful inclusion of pupils in learning activities is of the utmost importance. Ifield staff create an environment that is calm, well-organised and conducive to learning not only within the classroom but in every part of the school.

We have a growing and dynamic therapy team, including Speech and Language Therapists, Occupational Therapists, visiting NHS Physiotherapists and Therapy Assistants.

If you would like to learn more about how Ifield School supports the needs of our pupils, please contact the school office office@ifield.kent.sch.uk to speak to Mandy Braisted, STLS District Lead for Gravesham, who will be able to arrange a visit.

We look forward to working with you.

The Inreach support that we can offer includes observations and discussions about the following interventions and strategies.

<u>Attention Autism</u> is a Speech and Language Therapy intervention aimed at developing natural and spontaneous communication through the use of visually based and highly motivating activities. There are 4 stages to develop developmental attention skills from gaining attention, to shifting, and transitioning between activities.

<u>Augmentative and Alternative Communication</u> are available to support pupils' spoken language, they can be low tech, light tech or high tech. Low tech AAC includes photos and symbols. Light tech devices include battery operated equipment such as a Big Mack or Go-talk. High-tech devices include computer-based software packages such as Grid for iPad.

<u>Chatterbugs</u>, is a small group intervention to support the development of attention and listening, turn taking and early vocabulary. As the programme progresses, language games and storytelling activities are introduced.

<u>Colourful Semantics</u> is a system for colour coding sentences to support understanding and expressive language. Each word type has an associated colour, for example all 'who?' words are









orange and all 'doing?' words are yellow. It supports grammar and the semantics of words and sentences.

<u>Clever Fingers</u> is a fun and highly motivating Occupational Therapy intervention designed to help pupils develop fine motor skills.

<u>Communication Boards and Books</u> are visual supports which support spoken communication. A communication book is categorised into topics for easy navigation and includes photos and symbols. They act as a shared method of communication between the pupil and communication partner and provide structure to spoken language.

<u>Cued Articulation</u> is a set of hand cues for teaching the individual sounds in a word. Each hand movement represents one sound and the cue gives clues as to how and where in the mouth the sound is produced.

<u>Curiosity Programme</u> is an approach designed to create curiosity about the world, nurturing communication and fostering interaction through shared, joyful, meaningful time spent with a communication partner.

<u>Dough Disco</u> is a fun activity which combines the use of playdough with a series of finger exercises designed to develop fine motor control.

<u>Eye-gaze</u> is a highly specialised technology that allows our pupils to access computer software using their eye-gaze. The pupils are able to practice a range of skills to support their communication including image tracking, cause and effect and choice making.

<u>Fun with Food</u> desensitises the child to food smells and textures, to help prepare the pupil for eating and to assist in developing a positive attitude to food.

<u>Gong Therapy</u> is a form of sound therapy in which a gong is played softly to promote relaxation, regulation, engagement and interaction.

<u>Intensive Interaction</u> is an approach for pupils who are at the early stages of communication development. It is child-led and helps pupils to develop the Fundamentals of Communication, this includes learning how to connect and engage with another person.

<u>Lego Therapy</u> is an intervention aims to develop social skills including; turn taking, sharing, problem solving, team work and conflict resolution. It also helps to support language development including; attention and listening, asking questions, seeking clarification, developing language concepts including prepositions and vocabulary including colour/ size/ shape.

<u>Makaton</u> is a language programme which is used alongside spoken language. Key words are signed to support communication needs in a range of learners. Makaton signs can be used to support understanding and expressive communication difficulties. Key signs are used alongside









speech throughout the school day, during lessons and other activities. Many pupils will join in with signs during daily songs and greeting activities.

<u>The MOVE programme</u> is an integrated, multi-agency approach for children and adults with physical disabilities and/or complex needs. Education, Health and Social Care practitioners work together, using this highly effective programme, to provide a framework which enables people to develop physical, cognitive and communication skills that are designed to improve their independence, social inclusion and quality of life.

<u>Objects of Reference</u> are objects which are used to help pupils anticipate and prepare for different activities throughout the day. For example, allowing the pupil to explore a pre-recorded sound of children playing outside to represent playtime.

<u>On Body Signing</u> is a set of touch cues designed to support understanding by helping the pupil anticipate a transition between locations, activities or movement.

<u>PECS</u> is a <u>Picture Exchange Communication System designed to help learners understand the need to initiate communication with others. Initially, pupils learn to give a symbol card to a communication partner in order to receive a motivating object. At later stages, they learn to form simple sentences and develop other types of sentences in addition to requests including 'I see' or 'I hear'.</u>

<u>PELICAN</u> aims to Promote Emotional Literacy in Children with Additional Needs by using a short, visual story demonstrating the PELICAN framework and running a 12 week intervention with activities and resources to develop awareness and understanding of pupils' emotions and feelings.

<u>PROACT-SCIPr</u> promotes the ability for pupils and students to communicate their emotions and manage their own behaviour / feelings. The approach starts by understanding the pupil's behaviour, identifying indicators of distress early. Staff supporting pupils are prompted to respond positively, in a non-restrictive way. We only ever use supportive physical interventions when there really is no alternative.

Rebound Therapy is the use of the trampoline to develop confidence in movement, motor skills, body awareness, balance and co-ordination. It promotes positive relationships and builds self-esteem, confidence and independence and opportunities for communication.

<u>SCERTS</u> is a framework which supports pupils with ASD to develop their skills in <u>Social</u> <u>Communication and Emotional Regulation through the use of <u>Transactional Supports</u>. Transactional supports include how the classroom environment is set up and how adults can provide visuals to enhance opportunities for communication.</u>

<u>Sensory Circuits</u> are a form of sensory integration intervention. It involves a sequence of physical activities that are designed to **alert**, **organise** and **calm** the pupil.









<u>Sensory Diet</u> is a personalised plan of physical activities and strategies to help a pupil meet their sensory needs. This plan provides the sensory input needed to stay focused and organised throughout the day.

<u>Sensory Stories</u> are a combination of spoken words and sensory stimuli. They are a fun and engaging way of telling a narrative that meets the needs of all learners. Sensory stories bring the words to life through a multi-sensory approach ensuring the learners are active participants. It also promotes turn taking and anticipation.

<u>Social Stories</u> are individualised short stories that provide information on a specific social situation. They are used to teach communication skills through the use of precise and sequential information about everyday events that the pupil may find difficult or confusing. They can be used to provide information and reduce anxiety.

<u>Speech Sounds</u> During speech sound interventions, specific sounds or groups of sounds are targeted. Pupils listen to the difference between their production of the sound and the correct way it should sound. The pupil's ability to produce sounds correctly is gradually developed through a small-steps approach working on sounds in isolation, in words and in sentences.

<u>TACPAC</u> draws together touch and music to create a structured sensory communication between two people to support sensory alignment.

<u>Toileting</u> individual personal care and toileting plans supports pupils to maintain healthy bladder and bowels and develop their independence and toileting skills. General information sheets are available.

<u>Visual Supports</u> are created to promote engagement and provide structure and predictability. Visual timetables are used in class to support transitions. Micro-schedules can promote independence with daily living skills such as dressing and personal care.

<u>Zones of Regulation</u> develops an awareness of feelings, energy and alertness levels while exploring a variety of tools and strategies for regulation, prosocial skills, self-care, and overall wellness.